



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2011

Sporting Excellence in Karate

National Level

Jodie Stanford

This is to certify that Jodie Stanford has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Jodie competed at the highest level of British Karate in 2011 winning the medals and titles listed below:-

Championship Success - 3 Gold 1 Silver 2 Bronze

English National Kyu Grade Championships - 25th January, Sheffield

Gold - Individual Kata

Gold - Team Kumite

Shindo Kai Kata Championships - 3rd July, Barnsley

Gold - Individual Kata

East Yorkshire Open Championships - 30th October, Hull

Bronze - Individual Kumite

Bronze - Individual Kata

Shindo Kai National Championships - 20th November, Barnsley

Silver - Individual Kata

Congratulations on your outstanding sporting achievements throughout 2011. These performances and results have made you one of the top karate athletes in the country in your age group. Well done Jodie.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy



British
Karate
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.